



Centre Prices 2009

Zest Health & Fitness

Gym Session	£5.50
Junior Fit Zone	£2.50
Gym Induction	£15.00
Gym Induction Junior	£4.00
Gym Induction Active Trafford	£10.00
Zest Personal Programme	£15.00
Exercise Classes	£4.50
Specialist Classes	£5.00
Circuit Training Class	£4.00
Junior Exercise Classes	£2.50
Guest Fee (racquets)	£3.50
Zest+ Session	£3.25

Sports Activities

Badminton	£9.00
Squash	£8.00
Table Tennis	£4.00
Hire of 1/2 Hall (4crts. 5 a side etc.)	£40.00
Junior Table Tennis	£3.00
Junior Badminton	£6.50
Junior Squash	£5.40
12 week sports courses	£43.20

General Activities

50+ Activities	£3.00
Sauna	£4.70
Sunbed	£1.50

The above prices are correct as from the 1st of January 2009. The displayed prices outline this sites core activities. For other activities please contact reception for further details. Court prices are quoted by the hour.

